



## Monroe County Youth Hockey's Learn to Skate / Beginner Hockey Program at the Scottsville Ice Arena, 2000 Chili-Scottsville Rd

The objective of this program is for children ages 4 to 8 with little or no experience to learn the basic fundamentals of Ice Skating. Emphasis will be balance, stopping, starting, turning, forwards/backwards, and other developmental skills. This program follows U.S.A. Hockey guidelines.

**Option 1:** \$200.00\* for 20 Hours Instruction (20 weeks/1 session per week)  
Saturday at 9:00 am or Monday at 5:30 pm **Start date: October 1<sup>st</sup> or October 3<sup>rd</sup>**

**Option 2:** \$400.00\* for 40 Hours Instruction (20 weeks/2 sessions per week)  
Saturday at 9:00 am **and** Monday at 5:30 pm **Start date: October 1<sup>st</sup>**

\* In addition to the MCYH fee, there is a \$33 USA Hockey Fee

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### **All Registrations must be completed online as follows:**

- 1) Register with USA hockey (\$33) at [www.usahockeyregistration.com](http://www.usahockeyregistration.com) for the 2011-2012 season. A major credit card is required.
- 2) Upon successful completion of USA Hockey registration, a confirmation page will be emailed to you. Email this page to [MCYHRegistrar@GMAIL.com](mailto:MCYHRegistrar@GMAIL.com)
- 3) Pay MCYH fees at [www.MCYH.net](http://www.MCYH.net). A major credit card is required.

### **For more information:**

- Visit our websites at [www.MCYH.net](http://www.MCYH.net) or [www.ScottsvilleIceArena.com](http://www.ScottsvilleIceArena.com)
- Email us at [kclar3@rochester.rr.com](mailto:kclar3@rochester.rr.com)
- Call the rink at 889-1810 ext 3 or Kevin & Ann Marie Clar at 889-9470

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**Beginner equipment and skate packages are available at the Pro Shop at the Arena**

# MONROE COUNTY YOUTH HOCKEY

## Information on the Beginners/Initiation Program at Scottsville Ice Arena 2011 – 2012

**The Beginner program runs from October 1, 2011 for 20 weeks. Ice times are Saturdays from 9am-11am or Mondays from 5:30-6:30pm. Your child can sign up for Saturday or Monday or both, for a total of either 20 or 40 sessions.**

Children will be separated into three groups on the ice:

- Skating experience
- Some skating experience (introduce more skating skills )
- Advanced skating experience (introduce hockey skills)

Some beginner skaters may not last the entire hour, but as they learn more and their attention span continues to increase, their skill level will also.

Most children should be able to skate by themselves after the first 3-4 sessions.

Equipment Required: Skates, Stick, Neck guard, H.E.C.C. approved helmet with facemask, elbow pads, Shin/knee pads, hockey gloves or heavy mittens, hockey pants are recommended (since they fall quite often) but if a child does not have hockey pants, snow pants will do.

The Pro Shop at the Scottsville Ice Arena (SCIA) has beginner packages available - with professional fitting included.

Parents of beginners are not allowed on the ice or to sit on the bench. If parents would like to volunteer on the ice, they should have some skating and/or hockey experience and be willing to become a certified coach.

Parents are welcome to sit in the “Warm Room” upstairs, the bleachers, Rink Side snack bar area, or the Rink Side Grill, also upstairs. All areas offer great viewing of the ice.

For more information you can leave a message at the rink at 889-1810 ext. 3 or you can call the program directors, Kevin & Ann Marie Clar at 889-9470.